

Curriculum
Subject: Dance
Class - VI
Session - 2024-25

	April	May	June
Contents	<ul style="list-style-type: none"> Warm-up Stretching Folk dance (Shimla Naati) Understand Diversity (Integrated with SST) 	<ul style="list-style-type: none"> Warm-up Stretching World Athletic Day dance special dance performance 	<ul style="list-style-type: none"> Warm-up Stretching World Environment Day dance performance
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> Understand the basic knowledge of dance Perform dance on Folk dance (Shimla Naati) and its rhythm 	Students will be able to <ul style="list-style-type: none"> Understand the basic knowledge of dance Learn World Athletic Day dance Special dance performance steps and its rhythm 	Students will be able to <ul style="list-style-type: none"> Understand the basic knowledge of dance Learn World Environment Day dance performance steps and its rhythm
Skills	Build Strength, Flexibility, Physical Fitness, Coordination, Increase memorization ability and Facial Expression (Intellectual skills)	Rhythm, Flexibility ,Control, Alignment, Posture and Facial Expression (Intellectual skills)	Refine movement quality, Rhythm and Strength
Methodology	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart class demonstration 	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart class demonstration 	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart class demonstration
Assessments	<ul style="list-style-type: none"> Live individual and group performance Class etiquettes and ethics 	<ul style="list-style-type: none"> Live individual and group performance Class etiquettes and ethics 	<ul style="list-style-type: none"> Live individual and group performance Class etiquettes and ethics
	July	August	September
Contents	<ul style="list-style-type: none"> Warm-up Stretching Independence Day dance performance 	<ul style="list-style-type: none"> Warm-up Stretching Kajri dance 	<ul style="list-style-type: none"> Warm-up Stretching Kalbelia dance
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> Understand the basic knowledge of dance Learn Independence Day dance performance and its rhythm 	Students will be able to <ul style="list-style-type: none"> Understand the basic knowledge of dance Kajri perform the dance with rhythm 	Students will be able to <ul style="list-style-type: none"> Understand the basic knowledge of dance Learn Kalbelia dance steps and its rhythm
Skills	Rhythm, Posture, Improve your writing Skill and Facial Expression (Intellectual skills)	Coordination, Rhythm, Flexibility and Facial Expression (Intellectual skills)	Improve your Dancing Skill, Rhythm, Group Coordination and Culture based ability (Intellectual Skill)
Methodology	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart class demonstration 	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart class demonstration 	<ul style="list-style-type: none"> Teacher will give the students live demonstration Smart class demonstration

Assessments	<ul style="list-style-type: none"> • Live individual and group Performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics
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	October	November	December	Jan/Feb
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Free Style dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Classical Jazz dance 	<ul style="list-style-type: none"> • Warm-up and • Stretching and • Contemporary dance 	<ul style="list-style-type: none"> • Warm-up and • Stretching and • Revision for all topics
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Free Style dance steps and its rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Classical Jazz dance in rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Students will be able to perform Contemporary dance the with rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Students will be able to learn all topics
Skills	Rhythm, Build Strength, Flexibility and Refine Movement quality.	Rhythm, Posture and Control	• Rhythm, Flexibility coordination and body balancing	• Rhythm, Flexibility coordination and body balancing
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give them live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give them live demonstration • Smart class demonstration
Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and Group performance • Class etiquettes and ethics